



# Nanny's News & Notes

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## Back to school



The first few days at a new school can be very hard on some children. Coping with the new surroundings, unfamiliar faces, and the separation from the parents and home can cause some anxieties. We will do everything that we can to make your child feel at ease. We suggest you do the following to help us during this adjustment period.

## Get rid of the guilt

It is easier on your child if he knows that you are confident by entering him in our school. You have taken the time to choose one of the finest schools in the area with a highly trained and caring staff. The surroundings are safe, clean, and cheerful for him to learn and grow. The environment is very homey and relaxed. We are very interested in the emotional and the developmental needs of your child. We seek to make your child's first experience with school a positive one. He will make new friends, have plenty of toys to play with, and learn new exciting things.

## What your child will need

- **A SCHOOL BAG**
- **A CHANGE OF CLOTHES** (in a ziplock bag with child's name on bag)
- **A SMALL BLANKET** (our space is limited)
- **ONE BABY PICTURE** (for our "me" unit)

Please label all items your child brings to school



## Understanding those tears

Please do not bribe your child or threaten him with school. This only shows your child that you may have just cause in being upset. Let your child know that it is natural to cry when you miss someone. Tell him when you will be coming back to get him. Never try to sneak away without saying good-bye. This usually upsets your child more. We do not recommend that you stay with your child on his first day. Your child will expect you to spend every day with him. If your child is crying do not give in and take him home with you. This will only set a pattern. Please be understanding and patient during this adjustment period. It doesn't last long. When you leave your child and he is crying, please call and check on him. Children usually stop crying before the parent pulls out of the driveway. Remember that your child will make new friends, get to know and gain trust in his teachers and actually enjoy Nanny's.

## Nanny's Staff

**Executive Director: Sheryl Westerdale**

**Assistant Director: Cheryl Neblett**

## Montessori

**Montessori Blue – Emilee Lowell**

**Begindergarten: Sheryl Westerdale**

**Montessori Red- Krista Carmen**

**Wee Montessori- Sarai Soto**

**Kids Club Coordinator- Stephanie Burgess**